

Dec. 16 - Psalms 4:4

Hello and thanks for joining in on today's daily devotion. Today is Wednesday Dec. 16th. The 4th day of the Hebraic week.

Our verse today is Psalms 4:4

4 In your anger do not sin; when you are on your beds, search your hearts and be silent.

OK, so first we see here that one can be angry and not sin. However, in most cases, your actions will determine if you sin or not. So be cautious in your actions to others if you are angry with them. Getting even with someone else will most always put you behind with YHWH.

Next, we all do our best to get our daily devotions in with the Father. Yet, here, we are told to get our nightly reflections in just the same. To spend time reflecting on our day. To examine the motives to our actions.

It makes me wonder if these sentences are placed back to back for a reason. In other words, when you are laying on your bed at night, examine what you have done and see if you sinned in your anger. As mentioned before, anger is a powerful force that can really rule your emotions if it is not kept in check. It can cause you to make decisions that you wouldn't dream of if you were keeping it in check.

Laying on your bed at night is a great time to reflect on your day. No distractions, nothing else to think about, it's just you and the Father. You, and only you, really know what you have done.

Yet, here's the thing. Our verse says to "search" our hearts. Again, ...

"when you are on your beds, search your hearts and be silent."

So don't just reflect, search. Dig. Look hard and be silent. But why the instruction to be silent? What's the first thing our nature desires when we have done something wrong? We try to justify our actions. But here we see that no justification is accepted. We are instructed to remain silent.

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Let this be a focus in your time of meditation throughout the day. Until tomorrow, shalom!