



Scriptures for Life

All Times - Psalms 34:1

Welcome to Scriptures for Life with TorahFamily.org. Taking time to focus on the Father's way.

Psalms 34:1 I will extol YHWH at all times; his praise will always be on my lips.

Giving YHWH praise. What an awesome thing to do. What a needed thing to do. I constantly tell my children how we should always do our best in spending time with our heavenly Father. We should take advantage of every opportunity to spend time with Him.

Are you by yourself? Spend time in praise and prayer. Are you doing something that takes little thought? Spend that time in praise and prayer. Anytime we are not engaged in a conversation with others or not doing something that requires concentration, make use of that time for the Father.

I remember years ago when I decided I would no longer turn the radio on in my car when going to work. I determined to utilize that time in praise and prayer to our Heavenly Father. It was one of the best things I had ever done. Even though the stations I listened to only had teachers or christian music, I needed that time with the Father instead of hearing songs or messages about Him.

Giving Him praise at all times helps us to keep life in perspective. He's in charge and always worthy of our praise.

Let this be a focus in your time of meditation throughout the day. Until next time, Shalom