



## Scriptures for Life

### *Thirsty? - Psalms 42:1,2*

Welcome to Scriptures for Life with TorahFamily.org. Taking time to focus on the Father's way.

Psalms 42:1,2 As the deer pants for streams of water, so my soul pants for you, O God. 2 My soul thirsts for God, for the living God. When can I go and meet with God?

It's been proven that you can go many days without food. However, if you go very long without water, your body starts shutting down. Water is just something the body requires. Water is just a downright necessity. Some say the maximum time an individual can go without water is about a week. However, others say that 3 to 4 days is more realistic.

Have you ever been thirsty? I mean really thirsty? When someone is really thirsty, they make it a priority to seek out water. The longer it takes to find it, the more determined they are to seek it out.

Now, that being said, how thirsty are you for YHWH? Verse 2 here says "My soul thirsts for God,". Does this verse describe your life? Someone who thirsts after YHWH? Do you thirst after Him everyday of your life? Desiring that one on one time with the maker of the universe? If it doesn't describe your life, maybe it time to change that.

Let this be a focus in your time of meditation throughout the day. Until next time, Shalom