



Daily Devotion

Matthew 26:40,41 - Willing & Weak

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Matt. 26:40,41 Then he returned to his disciples and found them sleeping. "Could you men not keep watch with me for one hour?" he asked Peter. 41 "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

Isn't it interesting how He returns and finds them sleeping? It makes me think of the parable of the ten virgins. All were sleeping till the midnight cry went out. How many times have we known we were to do something and He found us sleeping on the Job?

Notice that He told them to pray not to fall into temptation. So, do you ever fall into temptation? My next question is, have you prayed that you would not fall into temptation? Think about it. He told them to pray they didn't fall into temptation. Doesn't it make sense that we should do the same? Even the Lord's prayer says "Lead us not into temptation but deliver us from the evil one."

If your spirit is willing, but your flesh is weak, what are you praying? What should you be praying?

Let this be a focus in your time of meditation throughout the day. Until next time, Shalom.